



Lesson Plan for Schools



Key Stage 1 Lesson Plan: The Theodora Children's Charity

DELIVER A LESSON THAT SUPPORTS YOUR PSHE CURRICULUM REQUIREMENTS AND PROMOTES PUPILS' SMSC DEVELOPMENT:

Core theme 3: Living in the wider world

In Key Stage 1 and 2 pupils should focus on 'economic wellbeing and being a responsible citizen' and be taught:

- about respect for the self and others and the importance of responsible behaviours and actions
- about rights and responsibilities as members of families, other groups and ultimately as citizens
- about different groups and communities
- to respect equality and to be a productive member of a diverse community
- about where money comes from, keeping it safe and the importance of managing it effectively
- how money plays an important part in people's lives
- a basic understanding of enterprise.

STEP 1: INTRODUCE THE THEME

Introduce: What happens when a person becomes ill. Explain that sometimes people have to visit a hospital in order to get better and be looked after.

Discuss: Encourage pupils to talk about how someone might feel if they are ill. What would make them feel better? What would they need? How would they help a friend feel better and happier?

STEP 2: INTRODUCE THE CHARITY

Introduce: The concept of charity, The Theodora Children's Charity and the Giggle Doctors.

Explain that: The Theodora Children's Charity raises money to send Giggle Doctors to visit hospitals. Giggle Doctors are specially trained to bring fun and laughter to children in hospital.

Show: Visit our YouTube page (youtube.com/giveagiggle) to show pupils a clip of a Giggle Doctor visit.

Discuss: Encourage pupils to talk about how they think the Giggle Doctors help children in hospital.

STEP 3: ACTIVITIES

Option 1: Pupils can design their own Giggle Doctor. They should think about what their Giggle Doctor coat would look like and what their Giggle Doctor name would be. Pupils should explain how their Giggle Doctor would help children in hospital feel better.

Option 2: Pupils should talk about how they think they could raise money in order to help the charity, what activities could they do and who might help them.

Key Stage 2 Lesson Plan: The Theodora Children's Charity

DELIVER A LESSON THAT SUPPORTS YOUR PSHE CURRICULUM REQUIREMENTS AND PROMOTES PUPILS' SMSC DEVELOPEMENT:

Core theme 3: Living in the wider world

In Key Stage 1 and 2 pupils should focus on 'economic wellbeing and being a responsible citizen' and be taught:

- about respect for the self and others and the importance of responsible behaviours and actions
- about rights and responsibilities as members of families, other groups and ultimately as citizens
- about different ultimately as citizens groups and communities
- to respect equality and to be a productive member of a diverse community
- about the importance of respecting and protecting the environment
- about where money comes from, keeping it safe and the importance of managing it effectively
- how money plays an important part in people's lives
- a basic understanding of enterprise.

STEP 1: INTRODUCE THE THEME

Introduce: What happens when a person becomes ill. Explain that sometimes people have to visit a hospital in order to get better and be looked after.

Discuss: Pupils' own experience with hospital.

Discuss: Encourage pupils to talk about how someone might feel if they are ill. What would make them feel better? What would they need? How would they help a friend feel better and happier?

STEP 2: INTRODUCE THE CHARITY

Introduce: The concept of charity, The Theodora Children's Charity and the Giggle Doctors.

Explain that: The Theodora Children's Charity raises money to send Giggle Doctors to visit hospitals. Giggle Doctors are specially trained to bring fun and laughter to children in hospital.

Show: Visit our YouTube page (youtube.com/giveagiggle) to show pupils a clip of a Giggle Doctor visit.

Discuss: Encourage pupils to talk about how they think the Giggle Doctors help children in hospital.

STEP 3: ACTIVITIES

Option 1: Using the information provided by the charity, pupils should develop a plan in groups to raise money for the Giggle Doctor programme at their local hospital. Pupils should consider how much they hope to raise, how they will raise it, what they will need to do to raise this money and who they will need help from.

Option 2: Pupils can design an A4 size poster to promote and create awareness of the work of The Theodora Children's Charity at their local hospital. The winning poster will be featured on the Theodora Children's Charity website and social media pages.



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